
DUKE OF ED ADVENTUROUS JOURNEY 2017

December 2016

Dear Parents,

Three things that you need to know:

1. Full payment for the Duke of Edinburgh course

\$300 in total must be paid to the office via Course Confirmation on the Learning Management System. We require payment to confirm your son / daughters participation in the program and securing a place with the provider, Halls Outdoor Education, as they require an early confirmation of student numbers. If payment has not been made, we may need to remove them from the unit.

Part payment / instalments can be made at the office.

2. The adventurous journey will be run during the following terms:

Semester 1, Term 2.

Semester 2, Term 3.

Students will need to be at school by 6:45am and will return to school at approximately 4:00pm on the last day*. The adventurous journey/hike will be at the Mitchell River National Park, East Gippsland Victoria.

* Students may call parents on the way home (using Staff mobiles) to alert parents about expected return time.

3. An equipment list is attached.

Students need to begin collecting equipment for the camp as soon as possible. An equipment list is attached.

A **medical form** has been sent home, and must be completed and returned to Mr Clements as soon as possible.

Also, a reminder that the food for the Adventurous journey will need to be supplied by the student (approximately \$60-80, depending on individual needs). However, instructions will be given in class regarding appropriate food items to pack in terms of weight, amount, nutrition, packaging, GI content, allergies and practicality.

If you have any questions regarding the Duke of Edinburgh program, please feel free to contact Mr Andrews, Mr Watts or the Head of Health & Physical Education, Mr Parkes.

Kind Regards,
Mr Parkes
03 8545 0300

DUKE OF ED 2017

Personal Equipment List

- 2 Water bottles/hydration pack (or bottles totaling 2L minimum)
- Warm sleeping bag (with a NEGATIVE rating e.g. -2/-5 °C)
- Thermal underwear (top and bottom)
- Solid shoes, waterproofed & worn in, suitable for hiking
- Small Torch e.g. head torch (+ batteries)
- Meal kit (cutlery, cup, plate/bowl, tea towel) with meal bag
- Warm socks x4
- Jumper (wool for warmth) x2
- Long pants (no jeans) x3
- Shorts x2
- T-Shirt x3
- Collared long sleeve shirt
- Small towel
- Underwear x4
- Gloves & beanie
- Insect repellent, toothbrush/paste + toiletries
- Wide brim hat/sunscreen
- Basic first aid Kit (Band-aids, Panadol)
- Large garbage bag (x4)
- Sunglasses (optional)
- Tea cloth / Drying cloth
- Scourer Steel Wool Soap Pads
- Toilet paper**

Supplied by school / Hall's Education

- Wet weather jacket and pants*
- Backpack* (65L capacity)
- Tent
- Basic foam sleeping mat*
- Trangia/Cooking stove/Fuel bottle/Matches
- Compass
- Water for cooking/washing hands/drinking

[* You may choose to supply your own]

Key: **Layering** – helps to regulate temperature

NOTE: Equipment should be BORROWED from family & friends if at all possible.

There will be a list of suggested **food items** sent home later in the term.